

## In My Life This Week

*(As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.)*

**Monday.** Read Job 3:1-26. Use the outline's three points under "Job Hit Rock Bottom" to think about and enter into Job's desperate cry. Have you felt that way? Why was this not the same thing as "cursing God" (see also 42:7-8)?

**Tuesday.** Read 3:1-26. Today zero in on what is going on in Job's painful screaming using the "some observations from Job" section in the outline. Don't evaluate his observations today, but identify his thoughts and identify with him. Apply your understanding of this to people you know who are suffering, and yourself.

**Wednesday.** Let's move on to an arms length view of what was going on in this rock bottom time for Job (check any notes you made on Sunday on this). Both the suffering person's perspective and a more objective view are needed to understand and help. What have you learned so far about the agonizing times of suffering in this look at chapter 3?

**Thursday.** Check the outline and focus on the three "truths to cling to when you hit rock bottom." These are important lessons for each of us in our tough times. They are also critical to understanding and helping others. Write out your responses to each truth and some thoughts of what they mean for how you think about yourself and others.

**Friday – Saturday.** Sunday we celebrate Thanksgiving and plan to look at Psalm 111. Read and think through this Psalm in preparation for time together.

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## Worship In Proclamation



September 30, 2007

"Hitting Rock Bottom"

Series: Job, #2

Job 3:1-26

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Knox Evangelical Free Church

## "Hitting Rock Bottom"

Job 3:1-26

(Cf. Psalm 22:1-8; Jeremiah 20:1-18)

2. Some observations about Job.

Theme: **Righteous Believers Can Hit Rock Bottom.**

### Job Hit Rock Bottom ...

1. When he wished he had never been born. (1-10)
2. When he wished he had died at birth. (11-19)
3. When he wished to die. (20-26)

### What Is Going On Here?

1. Some observations from Job.
  - a. God was silent and hedged him in. (23)
  - b. He screamed in agony with floods of tears. (24)
  - c. His worst nightmare had come true. (25)
  - d. He was not at ease, not quiet, nor yet at rest, but filled with turmoil. (26)

### Truths To Cling to When You Hit Rock Bottom.

1. Deep, dark long nights do not by definition mean you have sinned, are out of God's will, or that he has abandoned you.
2. Never let the reality of your present pain blot out the reality of your past and promised future joy.
3. You may never know why a tragedy struck, but never let that stop you from talking with God and working it through.

*(Turn over for "In My Life This Week")*