

In My Life This Week

(As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.)

Monday. Read 6:10-20, zeroing in on verses 18-20. How is your prayer life? How do you feel about it? The main point we considered yesterday was that “standing firm in God’s armor requires trusting Him in prayer.” So, let’s review, evaluate and explore deepening our prayer lives this week.

Tuesday. One aspect of effective prayer is constancy. What does it mean to “pray at all times?” Why is it important to have ongoing, continual contact with God through prayer? Remember, Stan’s forces constantly attack. We need to constantly pray to be able to use God’s weapons to stand firm.

Wednesday. A second aspect of effective prayer is intensity—the full range prayer in balance and always in the Spirit. How many aspects or *kinds* of prayer can you think of? Has your prayer been fairly well balanced so far this week? Have you been relying on the Holy Spirit to interpret and empower your prayer?

Thursday. The last aspect of effective prayer from these verses is praying unselfishly—praying for others. What does it mean to pray “for all the saints”? Do you persevere in prayer of thanksgiving and requests as much for others as yourself, and those close to you? Just as Paul prayed and asked others to pray for the work of the gospel, so should we—it should be a vital part of our unselfish prayer.

Friday – Saturday. On Sunday we plan to begin a trip through the book of Job—a fair bit of ground to cover between now and Christmas! Read the first two chapters in preparation for our time together.



September 16, 2007

“The Indispensable Dynamic For
Standing Firm”

Series: Ephesians, #21
Ephesians 6:18-20

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*“The Indispensable Dynamic”
For Standing Firm”*

Ephesians 6:18-20

Theme: **Standing Firm In God’s Armor Requires
Trusting Him In Prayer.**

Pray Constantly.

1. What does it mean to “pray at all times”? How can a person do that? (18)

2. The importance of constant prayer. (18)

Pray Intensely.

1. Intense prayer is complete prayer. (18)

2. Intense prayer is praying in the Spirit. (18)

Pray Unselfishly.

1. Unselfish prayer is concerned with the needs of others. (18-19)

6. Unselfish prayer is concerned with the witness of the gospel. (19-20)

(Turn over for “In My Life This Week”)