



Hurricane Proof Mothers

Psalm 16:1-11

#3 in a series on the Psalms

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Mother's Day ~ May 9, 2010

Theme: **People Who Take Refuge In God Are Unshakable.**

People Who Take Refuge in God...

1. Make God their Lord. (1-2, 4, 8; cf. 24:1-2; 47:1-3; 73:25-26; 96:5, 10; Joshua 3:10-11; Lamentations 3:24; Matthew 10:37-38; Luke 9:23; Acts 10:36; Romans 10:12)
2. Delight in God's people. (3-4; cf. 1:1; 101:6; 119:63; 133:1-3; Genesis 2:18-24; 1 Corinthians 12:12-27; Ephesians 4:12-16)
3. Bless God. (7; cf. 26:12; 34:1; 63:3-4; 103:1-2; 145:1-3)

The God In Whom People Take Refuge...

1. Gives them a beautiful heritage. (5-6; cf. 23:5; 73:26; 78:54-55; 142:5; Jeremiah 3:19; Lamentations 3:24; Acts 20:32; Ephesians 1:11-14, 18; 1 Peter 1:3-5)
2. Supports and keeps them secure. (5-10; cf. 4:8; 15:5b; 23:6; 30:6; 41:12; Job 19:25-27; Acts 2:27; 13:34-35; 1 Peter 1:3-5)
3. Counsels and instructs them. (7; cf. 31:3; 32:8; 33:18; 48:14; 73:24; 77:6)
4. Makes the path of life known to them. (11; cf. 25:10; 119:105; 139:3, 24; Proverbs 4:18; 15:24; John 10:10; Acts 2:28)
5. Gives them full joy and everlasting pleasures. (6, 9, 11; cf. 21:6; 23:6; 25:10; 27:4; 36:7; Proverbs 15:24; Jeremiah 3:23-24; John 15:11; 17:13; Acts 2:28)

In My Life This Week

(As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.)

Monday. Read Psalm 16. King David expressed his trust in God in this Psalm. God used David's experience to show us something of how we can have confidence and trust in Him and so then find Him to be our refuge. People who truly take refuge in God, like David, make Him their Lord (see verses 1-2, 4 & 8). Yes, God is Lord over all people, over all His creation, over all that is. But what does it mean for a child of God to make Him Lord, to really say to God "You are my Lord" in the deadly hurricanes and invigorating calms of life? How have you made and/or not made Christ your Lord today?

Tuesday. People who truly take refuge in God delight not only in Him, but also in His people (see verse 3). This does not mean we stay in *holy huddles* 24-7, or even most of the time. How does verse 4 shed some light in one way on this? Why should we delight in God's people? Why is that difficult at times? How are you doing in this?

As well, people who truly take refuge in God bless Him (verse 7). What does it mean to *bless* someone? How can you, and why should you bless God (check the references on the outline)? How have you been blessing God today?

Wednesday. The God in whom King David, countless other believers and you and I take refuge is so gracious to us. Describe what you think King David meant when he said that

- God gave him a beautiful heritage (6),
- that God supported him and kept him secure (5-8, 10),
- that God counseled and instructed him (7).

God gives you the same things! What evidence or examples of these blessings can you see in your own life so far this week?

Thursday. In addition to the things we looked at yesterday, God also makes the path of life known to those who take refuge in Him (11). Read verses 5-11 as you think about the meaning of "the path of life" here. Check Psalm 25:10 and Proverbs 4:18 for some descriptions of the path(s) of God's people.

God also gives full joy and pleasure to people who take refuge in Him — not just for a moment, but forever (11). What does this mean when you are being battered by a hurricane? Yes, it does refer ultimately to being with God in heaven forever, but it is for *now* and forever (see Psalm 23:6). Thank God that His joy and pleasures are not limited to the times of good circumstances here or when we are in heaven with Him.

Friday–Saturday. Pastor Tyler will be speaking on Sunday and plans to speak on Psalm 27. Read and think through this Psalm as you prepare for our time of worship together.

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